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| Quantity order # | Publications by Marshall B. Rosenberg   | Euro  |
|------------------|---|-------|
| 101              | <b>Nonviolent Communication</b> - A Language of Compassion. This book is a complete presentation of the process of NVC, (176 p.)<br>2 <sup>nd</sup> Edition with an additional chapter on self-empathie, Puddle Dancer Press 2003<br><b>Also Available in German</b>  | 19.95 |
| 102              | <b>Life-Enriching Education</b> - Nonviolent Communication Helps Schools improve Performance, Reduce Conflict, and Enhance Relationships. Skills on how to change present-day education and educational structures. For educators and parents. Book (192 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 12.95 |
| 103              | <b>The Heart of Social Change</b> - How to Make a Difference in Your World, Workshop Excerpts, Booklet (48 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 8.95  |
| 104              | <b>Getting Past the Pain Between Us</b> - Healing and Reconciliation Without Compromise. Transcript. Steps to healing conflicts at home, at work, at school, in your community. Booklet (48 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>  | 8.95  |
| 108              | <b>Teaching Children Compassionately</b> - How Students and Teachers Can Succeed with Mutual Understanding. Excerpts from a 1999 Keynote Address to the National Conference of Montessori Educators. Booklet (48 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 6.95  |
| 105              | <b>We Can Work It Out: Resolving Conflicts Peacefully and Powerfully</b> - A presentation of NVC Ideas, and their use, Booklet (32 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 7.95  |
| 117              | <b>A Model for Nonviolent Communication</b> The components of a model whose purpose is to empower people to prevent violence and inspire compassion. Exercises will help readers to check their understanding of the material presented. Booklet (56 p.), 1983  | 7.95  |
| 111              | <b>Raising Children Compassionately</b> Parenting the Nonviolent Communication Way by Marshall B. Rosenberg, Ph.D. This booklet, filled with insights and stories will prove invaluable for parents, teachers and others who want to nurture children and also themselves. Booklet (24 p.), 2000<br><b>Also available in German</b>   | 6.95  |
| 125              | <b>Speak Peace in a World of Conflict: What You Say Next Can Change the World</b> by Marshall B. Rosenberg, Ph.D. This new book is an expanded version of the Speaking Peace audio recording. (6 x 9, 240 pages).<br><b>Also available in German</b>  | 15.95 |
| 126              | <b>Being Me, Loving You</b> by Marshall B. Rosenberg, Ph.D. A practical guide to extraordinary relationships for spouses, partners, family and friends. (Part of this publication was previously published as a part of Marshal Rosenberg Live!)<br><b>Also available in German</b>   | 6.95  |
| 127              | <b>The Surprising Purpose of Anger</b> by Marshall B. Rosenberg, Ph.D. This booklet goes beyond anger management to understanding the opportunity that anger provides for a fuller connection with our needs. (6 x 9, 48 pages)<br><b>Also available in German</b>  | 8.95  |
| 123              | <b>Practical Spirituality</b> - Reflections on the Spiritual Basis of Nonviolent Communication by Marshall B. Rosenberg, Ph.D. An expanded version of the original text, inspiring a greater connection with the divine energy within ourselves and others. (6 x 9, 33 pages)<br><b>Also available in German</b>  | 8.95  |
| 118              | <b>Songbook "Live Compassionately"</b> The songbook to the Musik-CD "Live Compassionately" of Marshall Rosenberg (35 p.; 18 songs)<br><b>Also available in German (only Songwords)</b>  | 15.00 |
|                  | <b>... by Other Authors</b>   |       |
| 106              | <b>Companion Workbook</b> A Practical Guide for Individual, Group or Classroom Study by Lucy Leu. Exercises and written materials help you apply the NVC process to real-life situations and support you through the chapters of Marshall B. Rosenberg's book. Incl. new chapter on self-empathie. Book (256 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 21.95 |
| 119              | <b>The Compassionate Classroom</b> Relationship Based Teaching and Learning by Sura Hart and Victoria Kindle Hodson; Includes playful exercises and skill-building activities and games, Book (192 p.), 2004<br><b>Also available in German</b>   | 17.95 |
| 121              | <b>Parenting From Your Heart</b> Sharing the Gift of Compassion, Connection, and Choice by Inbal Kashtan. NVC for parents and others who are connected with children. With 10 practical exercises. Booklet (48 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 8.95  |
| 107<br>NEW       | <b>Spinning Threads of Radical Aliveness</b> Transcending the Legacy of Separation in Our Individual Lives by Miki Kashtan. (416 p.), 2014  | 25.00 |
| 109<br>NEW       | <b>Little Book Of Courageous Living Now</b> - This little book contains 200 concise, evocative distillations of her wisdom, illustrated with powerful and original images. It is an invitation to you to begin to build your own courageous life. by Miki Kashtan (232 p.), 2013  | 9.25  |
| 114              | <b>Communication Basics</b> An Overview of Nonviolent Communication by Rachelle Lamb. Booklet (24 p.), 2002   | 4.50  |
| 120              | <b>What's Making You Angry? - 10 Steps to Transforming Anger So Everyone Wins.</b> A presentation of Nonviolent Communication ideas and their use by Shari Klein and Neill Gibson; Booklet (32 p.), Puddle Dancer Press 2003<br><b>Also available in German</b>   | 5.95  |
| 115              | <b>The Mayor of Jackal Heights</b> by Rita Herzog and Kathy Smith, Illustrated by Peggy Partington, A Boy mayor begins to learn how to tame his town full of jackals with the help of his wise friend, A beautifully illustrated story for all ages, 1992<br><b>Also available in German</b>  | 9.95  |
| 128              | <b>Peaceful Living: Daily Meditations for Living with Love, Healing, and Compassion</b> by Mary MacKenzie<br><b>Also available in German</b><br>This book can help make the consciousness of Nonviolent Communication a regular part of one's everyday life. (5 x 7.5, 390 pages).  | 19.95 |
| 124              | <b>Eat by Choice, Not By Habit</b> by Sylvia Haskvitz<br><b>Also available in German</b><br>Practical skills for creating a healthy relationship with your body and food without falling into the diet trap. (6 x 9, 240 pages).  | 10.95 |
| 122              | <b>Ginny, be a good Frog</b> by Vilma Costetti, a colorful illustrated children's book – suitable for children age 3 to 9 – can contribute to greater understanding between parents and children, (23 p.), 2005   | 9.95  |
| 132              | <b>Please thank you</b> by Vilma Costetti<br>This children's book focuses on the elements of expressing and receiving feelings and needs and is suitable for children six to twelve. It is beautifully illustrated by Stefania Garuti, translated from the Italian by Federica Rossi and Godfrey Spencer, and includes an introduction by Dominic Barter. hardcover (7" x 9.75", 61 pages)<br><b>Also available in German</b>   | 14.95 |
| 131              | <b>ZAK</b> by Bridget Belgrave, A zany and philosophical book, most loved by young people age 7 - 12 (and some adults), (157p.), 2003   | 8.90  |
| 133              | <b>Respectful Parents – Respectful Kids</b> by S. Hart & V. Kindle Hodson, 7 Keys to turn Family Conflict into Co-operation, Respectful Parents, Respectful Kids gives parents essential tools to engage their kids in a family exchange of mutual respect and co-operation. The 7 Keys provide step-by-step actions designed to shift focus from managing children's behavior to working with them to find ways to care for the needs of everyone in the family and to prevent, reduce and resolve conflicts peacefully. (240 p.), 2006<br><b>Also available in German</b> | 17.95 |
| 134              | <b>Connecting across Differences</b> - A Guide to Compassionate, Nonviolent Communication by Jane Marantz Connor and Dian Killian; (2005)<br>Their newly revised book using up-to-date images and stories convey some of the concepts of NVC, while also providing exercises for readers to help integrate the concepts into "real-life" situations. Whether you are a young adult, or just young at heart, I'm predicting you will find valuable nuggets to help you Connect Across Differences. (375 p).  | 19.95 |

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| 135 | <b>The No-Fault Classroom</b> - Tools to Resolve Conflict & Foster Relationship Intelligence by Sura Hart & Victoria Kindle Hodson; (2008)<br>A quantum leap for classroom management! The No-Fault Classroom leads students ages 7–12 to develop skills in problem solving, empathic listening and conflict resolution that will last a lifetime. 21 interactive & step-by-step lessons, construction materials and adaptable scripts give educators the tools they need to return order and co-operation to the classroom and jumpstart engaged learning. (8 1/2" x 11", 256 pages)<br><b>Also available in German</b>   | 24.95 |
| 136 | <b>Words That Work in Business</b> A Practical Guide to Effective Communication in the Workplace by Ike Lasater, with Julie Stiles (2010)<br>Former attorney-turned-mediator, Ike Lasater, offers practical communication skills matched with recognizable work scenarios to help anyone address the most common workplace relationship challenges. (138 p.)<br><b>Also available in German</b>  | 12.95 |
| 138 | <b>Being Genuine</b> - Stop Being Nice, Start Being Real by Thomas D'Ansembourg (2007)<br>Expressing one's truth while respecting others and respecting oneself...<br>In this English translation of the French bestseller, readers will learn simple, practical skills to step outside of their emotional masks to live a genuine, authentic life. Teaching everyday communication skills to respectfully express true feelings and the power of requesting wants without demands or force, readers learn how to tackle life's difficult situations and conversations with ease and even excitement. Topics include ideas and advice on how to identify feelings and needs without blaming others, honest and respectful self-expression, facing conflict with ease, and finding balance by staying connected to basic needs. (266 p.)<br><b>Also available in German</b> | 17.95 |
| 139 | <b>Growing up in trust</b> - Raising Kids Without Rewards or Punishment by Justine Mol (2008)<br>Based on the ideas of Marshall Rosenberg and Alfie Kohn, Growing up in Trust looks at the impact of reward and punishment on children and on the relationship between children and their parents, teachers and other grown-ups around them. The book clearly guides the reader through the process of the shift away from a reliance on right/wrong thinking towards an approach based on trust. It highlights our role in nurturing children's inherent morality and fostering a sense of partnership in finding interdependent solutions, where everyone's needs matter. The text is littered with anecdotal examples and each chapter contains a number of experiential exercises or thought provoking questions. (90 p.)<br><b>Also available in German</b>           | 19.95 |
| 140 | <b>Graduating From Guilt</b> - Six Steps to Overcome Guilt and Reclaim Your Life by Holly Michelle Eckert (2010)<br>By moving through a simple six-step process, Holly Eckert helps you "graduate" from guilt, so you can experience forgiveness, self-acceptance and empowerment. Using real-world examples, and steps rooted in the world-renowned Nonviolent Communication process, you'll learn to: "Graduate" from emotionally draining guilt, Quiet your inner critic, Take care of your needs without feeling selfish, Forgive yourself for past mistakes, Create healthy boundaries, Successfully mend broken relationships. (90 p.)<br><b>Also available in German</b>  | 9.95  |
| 141 | <b>Urban Empathy</b> by Dian Killian (Author) and Mark Badger (Illustrator) (2008)<br>Dian and Mark are using comics in an innovative way to raise questions and provoke thought about how we conduct ourselves as human beings. No other city can boast as many super heroes as New York—Superman, Batman, and Spiderman all play out their larger-than-life adventures in the Big Apple. Yet what happens when the action figure genre is applied to a different kind of risk and adventure—every day interactions between New Yorkers? And rather than using physical force or finesse—like Superman and Spiderman—it's communication skills to the rescue? In action-figure format, Urban Empathy, is a series of vignettes making use of Nonviolent Communication in everyday situations in New York. (88 p.)   | 14.95 |
| 142 | <b>Humanizing Health Care: Creating Cultures of Compassion in Health Care with Nonviolent Communication</b> (2010) by Melanie Sears<br>Through real-world stories and practical examples, Sears demonstrates the profound effectiveness Nonviolent Communication offers for creating lasting, positive improvements in patient care and the workplace environment. If you're a health care administrator, nurse, physician, mental health practitioner, or anyone who cares about creating a more compassionate — and thereby more effective — health care system, then you should read this book. (102 p.)<br><b>Also available in German</b>   | 9.95  |
| 143 | <b>NVC Toolkit for Facilitators</b> - Interactive Activities and Awareness Exercises Based on 18 Key Concepts for the Development of NVC Skills and Consciousness by Raj Gill, Lucy Leu and Judi Morin (2009) (510 p.)<br>Internationally respected NVC trainers, Judi Morin, Raj Gill and Lucy Leu have come together to codify over 20 years of training experience in one hands-on Nonviolent Communication (NVC) facilitator guide. Whether you're a new facilitator, a seasoned trainer looking to incorporate a more experiential approach, or a team of trainers, the NVC Toolkit has a wealth of resources for you. By breaking NVC down into 18 key concepts, this Toolkit provides succinct teaching tools that can be used on their own for shorter sessions, or combined for a long-term or multi-session training.  | 75.00 |
| 144 | <b>Facilitating with Heart</b> - Awakening Personal Transformation and Social Change by Martha Lasley (2011)<br>Facilitating with Heart: Awakening Personal Transformation and Social Change is a book that integrates best practices in the field of facilitation. You'll find resources and inspirational stories from facilitators, coaches and social change activists from around the world. (430 p.)   | 34.95 |

| Quantity order # | CDs Featuring Marshall B. Rosenberg  |        |
|------------------|--|--------|
| 411              | <b>Creating a Life-Serving System Within oneself</b> (CD), Presentation at an IIT (Corona, 2000), Topics include: You have never done anything wrong, Empathy for the Chooser and Educator, Empathy for Hitler, Mourning in Giraffe, Restorative Justice ..., 71 min.  | 15.00  |
| 410              | <b>Experiencing Needs as a Gift</b> (CD) Presentation at an IIT (Corona, 2000), Topics include: Hearing the need behind "No", Selffulness vs. Selfishness, the cost of giving from non pure energy, saying Bullshit in Giraffe and much more, 66 min.  | 15.00  |
| 406              | <b>Giraffe Fuel for Life</b> (CD) Presentation at an IIT (Corona, 2000), Topics include: Gratitude exercises, the making of giraffe fuel, components of gratitude, reward and punishment, what stops us from celebrating life, and more, 73 min.   | 15.00  |
| 407              | <b>Needs and Empathy</b> (CD) Presentation at an IIT (Corona, 2000), Topics include: Empathy do's and don'ts, distinguishing needs from strategies to meet them, and questions from other trainers, 52 min.  | 15.00  |
| 408              | <b>Intimate Relationships</b> (CD) Presentation at an IIT (Corona, 2000), Topics include: Making requests that meet your need for love, Giraffe giving, hearing the need behind the "No", the cost of hearing a rejection, giraffe love, questions and answers and role plays, 73 min.   | 15.00  |
| 409              | <b>Live Compassionately</b> - studio recorded CD of Marshall singing 18 of his songs, including "The Millennium Song" as well as old favorites such as "Reach Out to Life", "Grandma and Jesus"; also incl. Red and Kath Grammer's "See Me Beautiful"; app. 40 min., 2002  | 15.00  |
| 412              | <b>Speaking Peace</b> (2 CDs), New high quality studio recording – an presentation of NVC with songs, stories and examples, 2 ½ hours, 2003  | 25.00  |
| 413              | <b>Giraffe Tales CD</b> by Kathleen Macferran (Stories) and Adam Stern (Music) (2009)<br>Here's a great way to introduce children to the consciousness of Nonviolent Communication or to simply give them heartwarming stories they'll love to listen to again and again. "How Giraffes Found Their Hearts" and " How Giraffes Got Their Ears" are stories interwoven in a rich musical landscape and narrated by enchanting voices. (app. 30 min.)  | 15.00  |
| 415              | <b>Nonviolent Communication Training Course (Kit)</b> by Marshall B. Rosenberg (2006)<br>Modeled after this visionary peacemaker's 9-day international intensive retreats, The Nonviolent Communication Training Course by Marshall Rosenberg presents a self-guided curriculum for putting his transformative ideas into everyday practice—whether you're at the office, at the dinner table, in a parent-teacher conference—any situation where you want to honor "what is alive" in yourself and others. (contents: 9 CDs, 92-page workbook, 7 training cards, Running time 91/4 h) | 149.95 |
| 417              | <b>Nonviolent Communication</b> - Create Your Life, Your Relationships, and Your World. (4 CDs), 5 hours. 2004   | 30.00  |
| 418              | <b>The Power We Have to Create the World of Our Choosing</b> Marshall Rosenberg's keynote address at the United Church of Religious Science 2005 Community Gathering in San Diego, California; a lively and witty introductory presentation of NVC showing how we can make life miserable or wonderful for ourselves and others depending upon how we think and communicate. (approximately 60 minutes)  | 12.00  |

| Quantity order # | DVDs Featuring Marshall B. Rosenberg  |             |
|------------------|---|-------------|
| 310              | <b>Resolving Conflicts with Children and Adults</b> (1 DVD) A two-hour recording of an evening workshop with Marshall B. Rosenberg, including songs, stories and audience participation, 1,5 h, 1991  | 25.00       |
| 311              | <b>The Basics of Nonviolent Communication</b> (2 DVDs, 3 hours) An Introductory Training in Nonviolent Communication  | 45.00       |
| 312              | <b>Making Life Wonderful</b> (4 DVDs, over 8 hours) An intermediate training in Nonviolent Communication with Marshall Rosenberg, Ph.D. Improve relationships with yourself and others by increasing fluency in NVC. A two-day training session in San Francisco filled with insights, examples, extended role plays, stories, and songs that will deepen your grasp of NVC. This set of four videotapes runs over eight hours. | 100.00      |
| Quantity order # | Miscellaneous   |             |
| 606              | <b>Quick Cards (in English)</b> Three colorful plastic cards to keep you "on track." One lists the 4 steps of the NVC model, one lists pleasurable and painful feelings, and one lists some basic needs we all have. each set:  | 4.00        |
| 620<br>NEW       | <b>GROK Game</b> is a set of 15 interactive games designed for facilitating understanding, listening, connection and fun! Developed by CNVC-certified trainers Christine King and Jean Morrison, each set includes a deck of feelings cards and a deck of needs cards along with game instructions. GROK is designed to play with a group, a couple, or all by yourself to gain clarity and resolve conflicts peacefully.       | 24.00       |
| 616<br>617       | <b>Puppets</b> ___ Giraffe ___ Jackal<br>Children and adults use these furry creatures to practice or teach Giraffe or to tame Jackal   | each: 24.00 |
| 618<br>619       | <b>Ears</b> ___ Giraffe ___ Jackal<br>Creatively designed and mounted on a headband, these ears help to inspire compassionate listening in role-play situations.  | each: 18.00 |

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